WHO WE ARE

WINGS’ mission is to break the cycle and heal the wounds of childhood sexual abuse by providing education, advocacy and support to adult survivors, loved ones, providers and communities.

Specifically, WINGS works to connect survivors, loved ones, providers and communities with the resources they need to speak about, heal from and thrive beyond childhood sexual abuse trauma to live their fullest, healthiest lives.

We do this by offering referrals to qualified therapists, training and education, and therapist-facilitated support groups in a number of confidential locations to adult survivors of childhood sexual abuse and their loved ones.

Our program serves anyone who is 18 and older. Our "Survivors & Loved Ones’ Guide to Healing" handbook is a comprehensive resource used in our support groups to facilitate group members’ processes of learning and healing.

The most powerful aspect of our program is the dialogue and exchange that occurs among and between group members in their weekly WINGS Support Group.

In addition to support groups, WINGS offers local and national referrals, workshops, speaking presentations and training to survivors, loved ones, service providers and the general community.

143 Survivors and their loved ones received community and therapy referrals

341 Individuals received support group services during the year in locations in the Denver Metro area, Boulder and Colorado Springs

26 Co-facilitated support groups met weekly for 2 hours, including 2 writing groups, an LGBTQ group, and a Speak Out! Workshop

FINANCIAL STATEMENT*

Support and Revenue: $666,215
- State and Federal Grants $163,283
- Foundations $49,000
- Events & Contributions $222,534
- In-kind Contributions $209,436
- Classes/Program Fees $21,844
- Interest Income $118

Expenses: $543,562
- Program Services $449,148
- Administration $64,577
- Fundraising $29,837

Net Assets: $122,653

*Independantly Audited

PROGRAM EXPENSES
Testimonials

"WINGS has changed my life. I joined 6 years ago and WINGS gave me the strength to heal, grow, and help others. Without WINGS I don’t know where I would be. Group has helped me form lasting relationships with women who understand and are from all backgrounds. All of my closest friends are with women I met through WINGS. Thank you for being an organization that changed my life, and continues to make my life better. I truly appreciate this organization."

"It’s a safe place for me and the other members to be open and honest about what we’re going through; this helps us to acknowledge and understand where we’re at in our healing process and to move forward in our healing."

"I have worked hard over the past months to set boundaries and have learned how to set them and thus create the most authentic me. WINGS helps me to be and stay BRAVE."

Our Impact

According to WINGS 2016 Annual Program Evaluation:

- 98% of group members agreed (21%) or strongly agreed (77%) and that WINGS support groups are valuable to their healing process.

- 93% of group members strongly agreed (52%) or agreed (41%) that they are better at setting and maintaining healthy boundaries as a result of their WINGS support group experience.

- 95% of group members strongly agree (52%) or agreed (43%) that they feel more self-sufficient and their ability to function in daily life has increased due to their group experience.

- 99% of members strongly agreed (63%) or agreed (33%) that they now understand their current symptoms may be linked to their childhood sexual abuse.

- 94% of group members strongly agreed (81%) or agreed (13%) that their group is accepting of differences between group members with regard to race, ethnicity, sexual orientation, age, and gender identity.
OUTREACH

WINGS held outreach and education events that reached 2,622 people.

WINGS’ 4th annual Soaring to New Heights Conference offered 2 keynote presentations and 24 workshops for clinicians, survivors, and their loved ones.

Nearly 150 Colorado leaders came together to “Elevate Your Senses” at our 2nd Wine Wishes & WINGS event. Denver Deputy Mayor and Director of the Denver Department of Human Services, Don Mares, welcomed guests, who included the extraordinary Marilyn Van Derbur Atler and Larry Atler. Lisa Levin Appel received the Marilyn Van Derbur Atler Heart of Courage Award while Ellen and John Bywaters were presented with the Lawrence A. Atler Partners in Healing Award.

Ross Taylor, award winning photojournalist and visiting CU Boulder professor, produced a short film documentary featuring the story of Trent Feist, a WINGS support group graduate who now serves on the board of directors at WINGS. This powerful short film is available on WINGS’ youtube channel at https://www.youtube.com/user/WINGSfound.
ONE VOICE

WINGS began a needs assessment called “The One Voice Project” examining access to care issues for adult survivors with the CU School of Public Health and other stakeholders. The project is ongoing and results will be shared upon completion.

More than 60 volunteer licensed clinicians and master’s level students seeking their psychology and counseling degrees donated more than 5,000 hours to facilitate WINGS’ support groups, while receiving clinical supervision from WINGS’ Clinical Supervisors and/or Director of Clinical Programs.

ADVOCACY

WINGS held briefings with the US Congressional Victims’ Rights Caucus in Washington D.C. in July and with the Colorado Attorney General’s office in December, focused on “Supporting Adult Survivors of Childhood Sexual Abuse.”

Governor John Hickenlooper proclaimed September as “Childhood Sexual Abuse Survivor Awareness Month,” or CSA-SAM. We launched this inaugural awareness month at our 2nd annual Race for Healing.

SPECIAL THANKS TO

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